

You can help the Hospice even more by using the 'Gift Aid' column on the sponsor forms. If this is signed we can then claim 25p for every £ you raise from the Inland Revenue. It doesn't cost you or your sponsor anything but makes your donation go further.

**Facts about
St. Andrew's Hospice:**

We are Lanarkshire's only specialist Hospice and are open to all, without distinction of race, gender or creed.

All services are provided free of charge to the patient.

The annual running costs are approximately £4.5m of which nearly £2.3m has to be raised each year from public donations.

Our Hospice Fundraising Team has to raise almost £45,000 each week to maintain care services to 120 patients from across Lanarkshire.

Care is provided through:
32 inpatient beds.

A day hospice with facilities for an additional 60 patients.

A Care at Home Team.

A range of Support Services for families of patients.

ST ANDREW'S HOSPICE

BEN NEVIS

CHALLENGE

SATURDAY 25TH
AND
SUNDAY 26TH
SEPTEMBER 2010
(CHOOSE WHICH DAY YOU PREFER)

SPONSORED
BY
TOM COX



St. Andrew's Hospice (Lanarkshire)
is a charity registered in Scotland.
No 80010159

St. Andrew's Hospice,
Henderson Street, Airdrie, ML6 6DJ.
Tel: 01236 766951 Fax: 01236 748748
Web: www.st-andrews-hospice.com



ST ANDREW'S HOSPICE
CARING FOR THE PEOPLE OF LANARKSHIRE

contact Fundraising Team, tel: 01236 766951 or email bob.raid@st-andrews.hospice.scot.nhs.uk

Registration

Ben Nevis Challenge

Saturday 25th, Sunday 26th September 2010

Full Name:
Address:

Post Code:
Tel No. (Day):
Tel No. (Eve):
Mobile:
Date of Birth:
Occupation:
Employer:
Email:

Please select one of the following registration options:

Option 1 Minimum Sponsorship £350 (Sat. 25th Sept.)

Travel to Fort William early on Saturday 25th September. Complete climb and enjoy dinner and B&B in a local hotel. Travel free on coaches leaving from Lanarkshire Saturday, departing Fort William, 11am on Sunday.

Option 2 Minimum Sponsorship £350 (Sun. 26th Sept.)

Travel to Fort William early on Sunday 26th September. Complete climb and enjoy dinner and B&B in a local hotel. Travel free on coaches leaving from Lanarkshire Sunday, departing Fort William, 11am on Monday.

*In order to secure your place,
please enclose a non-refundable deposit of £20.
Make cheques payable to 'St. Andrew's Hospice'.*

In registering, I am confirming my undertaking to raise the minimum sponsorship level and remit all sponsorship money raised to St. Andrew's Hospice at the earliest opportunity, submitting at least 50% of sponsorship money by Friday 20th August 2010. I declare that I am medically fit, I will be over the age of 18 on the day of the event, I will abide by the rules of the event and understand that I am entering entirely at my own risk.

Signed

Date

Due to the nature of the event, the Hospice organisers must be prepared for all eventualities. Please give the name and contact details of who we would call in the event of an accident.

Name:

Address:

Tel No:

Mobile:

St. Andrew's Hospice - 25th Anniversary Ben Nevis Challenge

Join St Andrew's Hospice in a climb of Britain's highest mountain and raise vital funds for the care of Lanarkshire patients. This annual Hospice event, now in its 7th year, has taken hundreds of adventurers to the top of Ben Nevis, and has given everyone the huge satisfaction of completing their own personal challenge whilst also helping their local hospice.
Your support really does make a difference.

'The Ben' stands at 4,408 ft high, and takes on average 5 to 6 hours to climb, top to bottom. It is physically demanding and requires a reasonable level of fitness. You have support throughout from St Andrew's Ambulance First Aiders, local Mountain Rescue trained guides and Hospice staff.

Take the Challenge!

In May 2010, St. Andrew's Hospice enters it's 25th year of providing vital care services to Lanarkshire patients.

NEWSFLASH

To mark this occasion, Lanarkshire born entrepreneur Tom Cox, will match pound for pound all sponsor monies raised by participants in our 2010 Ben Nevis Challenge

To register please complete the form and send it to the Hospice enclosing a non-refundable deposit of £20. You will then be sent a fundraising pack to assist you in raising the minimum sponsorship of £350. This covers all transport, meals and accommodation.

Brief Itinerary

25th/26th September.

Early departure from various points in Lanarkshire and transfer to the foot of Ben Nevis. Complete the climb and check into a local hotel for the celebration dinner and an overnight stay.

26th/27th September

Checkout, 11am departures from Fort William.