

St Andrew's Hospice Bereavement Support offers:

- Support for people who have suffered bereavement
- Sensitivity, empathy and reassurance
- A safe place to go and talk and to be accepted
- Information and appropriate advice
- Friendship and contact
- Someone to contact on a bad day
- Counselling and practical help



**For further information,
contact Support Services on:**

01236 772 022
or
01236 772 024



Bereavement Support Information

St Andrew's Hospice

Henderson Street, Airdrie ML6 6DJ

Tel: 01236 766 951

www.st-andrews-hospice.com

St. Andrew's Hospice (Lanarkshire) is a charity registered in Scotland No. SC010159



The Deputy Chief Executive: Governance & Service Development at the Hospice, would welcome any compliments, comments, concerns or complaints you may have about the service.

If you do have a complaint that is not answered to your satisfaction, you can pass this on to the regulator of the Hospice; [Healthcare Improvement Scotland](#) at the following address:



Healthcare Improvement Scotland
Gyle Square, 1 South Gyle Crescent,
Edinburgh EH12 9EB



Bereavement Support

Have you recently lost a loved one?



Are you in need of some help or advice?



Is your family fed up listening to you?



Do your friends stay away because they are uncertain about how to deal with your emotions or how to offer help?



If your answer is **yes** to the above questions, you may like to come along to one of the following:

Bereavement Support Group (Adults)

This group meets on the **second** and **fourth** Thursday of each month at **2.00pm**.



Individual Counselling

Available by appointment, just phone the **Support Services** team and they will be pleased to make arrangements to see you.

Direct lines on:
01236 772022 & 01236 772024



Bereavement Support Group (Young People)

At our Bereavement Support Group, you will meet people in similar situations and this may help you put things into perspective and to regain your confidence.

For details of meetings, call our **Bereavement Support Co-ordinator** on **01236 772024**.

Children's Support Service

Every Friday after school from **4.30pm to 6.00pm** in St Andrew's Hospice.



Seasons for Growth Young People's Programme

The Seasons for Growth Programme was initially designed as a programme for young people aged 6 - 18 years.

- Level 1: aged 6 - 8 years
- Level 2: aged 9 - 10 years
- Level 3: aged 11 - 12 years
- Level 4: aged 13 - 15 years
- Level 5: aged 16 - 18 years

