St Andrew’s Hospice Bereavement Support offers:

- Support for people who have suffered bereavement
- Sensitivity, empathy and reassurance
- A safe place to go and talk and to be accepted
- Information and appropriate advice
- Friendship and contact
- Someone to contact on a bad day
- Counselling and practical help

For further information, contact Support Services on:  
01236 772 022  
01236 772 024

St Andrew’s Hospice
Henderson Street, Airdrie ML6 6DJ  
Tel: 01236 766 951  
www.st-andrews-hospice.com  
St. Andrew’s Hospice (Lanarkshire) is a charity registered in Scotland No. SC010159
Bereavement Support
Have you recently lost a loved one?

Are you in need of some help or advice?

Is your family fed up listening to you?

Do your friends stay away because they are uncertain about how to deal with your emotions or how to offer help?

If your answer is yes to the above questions, you may like to come along to one of the following:

Bereavement Support Group (Adults)
This group meets on the second and fourth Thursday of each month at 2.00pm.

Individual Counselling
Available by appointment, just phone the Support Services team and they will be pleased to make arrangements to see you.
Direct lines on: 01236 772022 & 01236 772024

Bereavement Support Group (Young People)
At our Bereavement Support Group, you will meet people in similar situations and this may help you put things into perspective and to regain your confidence.
For details of meetings, call our Bereavement Support Co-ordinator on 01236 772024.

Children’s Support Service
Every Friday after school from 4.30pm to 6.00pm in St Andrew’s Hospice.

Seasons for Growth Young People’s Programme
The Seasons for Growth Programme was initially designed as a programme for young people aged 6 - 18 years.

- Level 1: aged 6 - 8 years
- Level 2: aged 9 - 10 years
- Level 3: aged 11 - 12 years
- Level 4: aged 13 - 15 years
- Level 5: aged 16 - 18 years