

# #Hello, my name is...

Written by Brian Daniels

Directed by Dr Bernie C Byrnes

#hellomynameis... is an internationally recognised campaign encouraging person-centred, compassionate care through meaningful communication. The campaign was initiated by the late Dr Kate Granger and her husband, Chris Pointon.

Kate was cared for by St Gemma's Hospice Leeds during the latter stages of her illness until her death on 23 July 2016. To commemorate the 40th anniversary of the founding of St Gemma's Hospice, the award-winning playwright, Brian Daniels, was commissioned to write a play about Kate and Chris's journey, before, during and after Kate's cancer diagnosis. Dr Kate Granger was an outstanding geriatrician. She became a consultant in her early 30s and her future looked bright. She and her husband, Chris, were planning their future life when she was diagnosed with a rare and virulent cancer. Overnight she became a patient and observed life from a hospital bed. During numerous encounters with a wide range of medical and healthcare professionals and felt she was losing a sense of her personal identity. Then a porter named Brian arrived to take her to the operating theatre. He introduced himself saying, 'Hello, my name is Brian and I'm going to take care of you'. Those words restored Kate's feeling of self-worth and, knowing she was in palliative care, resolved to "make a difference". She started a campaign for those engaged in health and social care to introduce themselves with 'Hello, my name is...' and a smile. The campaign was born and has now achieved worldwide recognition.

The play tells the story of personal heartbreak, resolve and determination to make the world of healthcare a better place. You will laugh, you will cry but most importantly you will never forget that it's the little things that make a difference.

## Travel Information

- There are 6 trains per hour to Airdrie from Glasgow
- There are 4 trains per hour to Airdrie from Edinburgh
- The Tudor Hotel is a 5 minute walk from Airdrie train station



### Airdrie

ML6 0AE

↑ Walk west on A89 towards Manse Pl

0.1 mi

↙ Slight left to stay on A89

102 ft

📍 At the roundabout, take the 1st exit onto Alexander St/A89

**i** Destination will be on the left

0.1 mi

### Tudor Hotel

39-49 Alexander Street, Airdrie ML6 0BA



## Spiritual Care Conference

Can Spiritual Care Support Realistic Medicine in Practice?

Thursday 25th October 2018

Tudor Hotel, Airdrie



St. Andrew's Hospice (Lanarkshire) is a charity registered in Scotland No. SC010159

# Spiritual Care Conference

## Can Spiritual Care Support Realistic Medicine in Practice?

Often a patient's distress is created by the situation they may find themselves in, rather than by the symptoms of the illness

### Support in times of crisis

People from every belief and faith community or life stance need support systems, especially in times of crisis. They face ultimate questions about life and death. They search for meaning in the experience of illness. They look for help to cope with their illness and with suffering, loss, loneliness, anxiety, uncertainty, impairment, despair, anger and guilt. They consider ethical dilemmas which advancing technology and heightened expectations generate at the beginning and end of life. They address in depth, perhaps for the first time, the meaning of life.

### Listening

By listening to an often silent cry for help, those providing spiritual care for patients, carers and staff allow people to explore their innermost feelings and ask the most difficult questions about suffering, illness and death. By listening to their doubts, anxieties and fears those in need may be helped to find peace of mind.

**Ticket: £60**

**To book your place, please visit:**

[www.st-andrews-hospice.com/  
healthcare-professionals/  
spiritual-care-conference-25-october-2018/](http://www.st-andrews-hospice.com/healthcare-professionals/spiritual-care-conference-25-october-2018/)

### Itinerary

**09.30 – 10.00**  
Registration & Refreshments

**10.00 – 10.05**  
Chairperson - AM  
Welcome  
Dr. Catriona Ross,  
Palliative Medicine Consultant, NHSL

**10.05 – 10.35**  
Why is Communication a Barrier  
to Realistic Medicine?  
George Beuken,  
Head of Pastoral Care & Education, SAH

**10.35 – 11.05**  
Realistic Medicine in Practice:  
Palliative Care at the Front Door  
Dr. Karen Harvie,  
Palliative Medicine Consultant, NHSL

**11.05 – 11.30**  
Refreshments/ Graffiti Board

**11.30 – 12.00**  
The Role of Spiritual Care in Hospital Anticipatory  
Care Planning  
Prof. Robin Taylor,  
Consultant in Respiratory Medicine, NHSL

**12.00 – 12.30**  
Spiritual Care and 'What matters to you':  
Two sides of the same person-centred coin?  
Dr. Juliet Spillers,  
Consultant in Palliative Medicine,  
Marie Curie Hospice, Edinburgh

**12.30 – 13.15**  
Lunch/ Graffiti Board

Chairperson - PM  
Joy Farquharson,  
Deputy C.E.O, SAH

**13.30 – 14.30**  
#Hello, my name is... (Stage Play)  
Pluto Productions

**14.30 – 15.00**  
The legacy of Dr. Kate Granger  
Chris Pointon

**15.00 – 15.10**  
Comfort Break

**15.10 – 15.30**  
Transition Loss: The experience  
of the terminally ill patient  
George Beuken,  
Head of Pastoral Care & Education, SAH

**15.30 – 16.00**  
Brief Engagement and Acceptance Coaching  
in Community and Hospice Settings:  
Applying Acceptance & Commitment  
Therapy in Transition to Palliative Care  
David Gillanders,  
Academic Director,  
Doctoral Programme in Clinical Psychology,  
University of Edinburgh

**16.00 – 16.30**  
Plenary  
Prof. Craig White, Divisional Clinical Lead,  
Healthcare Quality and Improvement  
Directorate, Planning & Quality Division,  
DG Health and Social Care, Scottish Government