

# Dove Tales

Edition 3  
Autumn 2018

## Hospice Homecoming

see more inside



It's clear that every single brick, switch and cable has been placed with the patient in mind – the whole building is about the patient from entrance to exit



# Welcome from our Chief Executive



By Bruce High,  
Chief Executive

Welcome to the third edition of Dove Tales, our bi-annual magazine to keep you, our supporters, updated on the work of St Andrew's Hospice.

A lot has happened since the last edition of Dove Tales. We have moved back from our decant facilities to our beautiful new state-of-the-art hospice at Henderson Street. Although this project had been in the planning stages for 5 years, the building part of it took only 14 months to complete and cost around £9million. The facility we have now is well worth the hard work and, we hope you will agree, also worth the money.

Some of the features in your new hospice are as follows:

- 21 single rooms – all with en-suite shower and WC and access directly to a patio area through French doors
- 3 three-bedded rooms – (some people value the camaraderie of fellow patients) all with more space between the beds, en-suite shower and WC and a separate WC and access directly to patio area through French doors
- All 30 beds have their own: oxygen and suction, wardrobe, patient hoist, TV, personal safe and fridge

In addition, the Hospice is brighter, more modern and the extra space allows more privacy for patients and visitors. Although this has been a massive project, it ensures we now have a hospice that meets the needs of the people of Lanarkshire for many more years to come.

Whilst the building work is complete and everyone is already benefitting from their new surroundings, the work to raise the remaining capital continues. If you would like to contribute to this project or help with our general running costs, please complete the donation form enclosed in this magazine and return it to us using the freepost envelope provided. Alternatively, you can make an online donation at [www.st-andrews-hospice.com](http://www.st-andrews-hospice.com)

Thank you again for your continued support.

Yours,

Bruce High

# Hospice Homecoming

by the Capital  
Appeal Team

## We are delighted to be back home at Henderson Street after the completion of the refurbishment and reconfiguration of our Inpatient Unit.

With your support, our Capital Appeal has reached the final third of its fundraising target to fully fund the refurbishment. We are very grateful for the generosity of the people and businesses of North and South Lanarkshire.

We began the £9million project in January 2015. The building works were completed in March of this year and our patients returned to our newly refurbished Hospice in early April.

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To say we were impressed would be an understatement, what a fantastic facility for the community!

Our Inpatient Unit now provides increased privacy

and comfort for our patients and their families. We can now offer our patients a choice of single or multiple occupancy room, all of which have en-suite facilities, more natural light and access to our outside garden area.

However, we still need your help to reach the finish line.

We have a full schedule of events planned for the months ahead including; our Sunday in the City Ladies Lunch and a Whisky Tasting evening. We are also asking supporters to host a 'Jammies, Gin & a wee night in' to raise funds for our Appeal. For full details of upcoming events, take a look at our calendar of events on pages 14 and 15.

If you haven't already, please come in and see our new hospice.



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“The use of light is amazing – the whole building has natural light everywhere which is amazing in a building that is perceived to be full of darkness.”





# HAVING A BALL

In the stunning location of Crossbasket Castle on 18th May, we held a very special Homecoming Summer Ball to celebrate the opening of our newly refurbished Hospice. It was a glorious evening which saw guests take in the surroundings of the beautiful venue, enjoy a sparkling drinks reception and indulge in a 3 course meal by the renowned Albert and Michel Roux Jr trained chefs.

The event was hosted by the fabulous Jackie Bird with live entertainment from Revolution 7.

We would like to give a very special thank you to The Ellen Kane Trust and ADL Lift Services for very generously sponsoring the Ball and to everyone who attended and supported by donating prizes for our raffle and auctions. A tremendous £38,000 was raised on the evening.

Following the success of this year's event, we will be hosting a Summer Ball at Crossbasket Castle on Friday 17th May 2019. For further information, please contact Louise O'Donnell on 01236 772012 or Maria Leonard on 01236 772048.

by Louise O'Donnell, Deputy Head of Fundraising & Maria Leonard, Corporate Fundraiser



## Hospice celebrates 10 years of the Midnight Walk

by Rosaleen McKenna, Fundraiser

St Andrew's Hospice held its 10th annual Midnight Walk on Saturday 16th June 2018.

To mark the 10th anniversary of the fundraiser, the walk – which is usually a ladies only event – was open to both men and women.

750 people completed the route which started at Ravenscraig Regional Sports Facility and continued through Carfin, New Stevenston, Holytown, Mossend and Motherwell.

Participants took part in a Clubbercise warm-up led by Nicola McAleenan from Clubbercise Motherwell, and danced along with Radio Clyde's Gina McKie before being piped to the starting line by Andrew Park of Airdrie Academy.

Underground Inspection Services, who have sponsored the event since its inception, were on hand to celebrate the anniversary with everyone taking part. Gary & Frances Martin, owners of UIS, said: "We have been delighted and privileged to sponsor the Midnight Walk for the last 10 years. It's wonderful to witness our local community coming together and supporting such a much needed cause. The camaraderie among the walkers is quite inspirational."

John Brady Head of Fundraising said: "We know that many people go the extra mile to raise money for St

Andrew's Hospice – in this case 13 extra miles!



I want to say a huge thank you to our sponsors Underground Inspection Services and to everyone who took part in the walk to raise much needed income for the Hospice. The funds generated from this event are vital in enabling us to provide a high standard of specialist palliative care to the people of North and South Lanarkshire

St Andrew's Hospice would also like to thank its staff, volunteers, and everyone who helped make the night such a success including; Police Scotland, Blue Knights, Exact, Lanarkshire cycle groups, Mears, A.G Barr, Tesco, Morrisons and Asda.

Registration for next year's Midnight Walk is now open. The event will take place on Saturday 15th June 2019. The event is open to both men and women again so everyone can get their walking shoes on and sign up at

[www.st-andrews-hospice.com/event/midnight-walk-15-june-2019/](http://www.st-andrews-hospice.com/event/midnight-walk-15-june-2019/)



## Enjoy a Cuppa & a Catch Up at the Dove Café

We are delighted that, following the completion of our Inpatient Unit refurbishment, our Dove Café has re-opened for our patients, their families and for the general public.

Our Café was refurbished prior to the main work on the Hospice, utilising a very kind grant from The Land Trust. The bright, open space is fully accessible from the main reception.

The Dove Café is open 7 days a week and serves breakfast, lunch and snacks throughout the day. Every day, we have freshly made scones and a wide selection of home baking. In addition, we offer homemade soup, toasties, paninis, baked potatoes and a dish of

the day.

We are very grateful to our many volunteers who work in the Café, without whom we would not be able to operate the hours we currently do. We still have a few gaps in our volunteer schedule so if you would be interested in lending a hand for a few hours per week, please get in touch with our Volunteer Co-ordinator Julie Wilson on 01236 766951.

As well as being a useful amenity for patients, their families and the community, the Café is also a source of income for the Hospice, allowing us to support the people of Lanarkshire.

# IAN'S STORY

as told to Lauren McKenzie,  
Social Media & Marketing Officer



When I first came to the Hospice, I wrongly thought that people come in and come out in a body bag. I was quite nervous about coming in but my Macmillan nurse told me that she hadn't seen anyone in as much pain as I was for a long time. She offered to refer me to the Hospice so they could manage my pain. That was a new concept to me. My girls encouraged me to come here.

When I first arrived, I could barely function. I really struggled to walk and I'd been lying down since I had my chemotherapy in April. I had gone down to 7.5 stones in weight. I couldn't get out, I couldn't drive, I had to order my shopping online and with the tumour, I couldn't sit comfortably or walk around. That was such a debilitating thing. I couldn't even sit and write my book.

I am writing a book. I'm doing it for my daughters and granddaughter. I would like to leave a legacy, to let them understand what my life was like because it's very different from what their lives are like. I am writing this book so they have something to read in the future and say 'Oh crikey, dad did this!' or 'Grandad did this!' I'm also going to leave a voice recording for my granddaughter Amelia, so that

when she is a teenager, she can listen to it, and I'll be able to speak to her. I'm going to make her a nice pendant too. Having written this book, they will have a better understanding of what my life was like.

I came to the Hospice and within two days, I was up and walking around. It was an absolute revelation to me; the change in medication, wonderful meals – meals that would make Gordon Ramsey look like an apprentice – and care and kindness on a level I've seldom seen. What astounded me was how you can get a mix of so many people who really do lovingly care and get them all in one place. The doctor had time to speak with my daughter, to phone her and reassure her.

I have benefitted from the huge bank of knowledge [the Hospice staff have] and the willingness to experiment. I mean 'experiment' in the sense that the doctors have a keenness to try things and if it works, that's fine, and if it doesn't, they'll stop it and try something else. They will find something that does the trick. The care is personalised and centred on the individual.

I have been doing some stair work with the rehabilitation team. I've been

walking and stretching and as soon as I'm well enough, I'd like to do their exercise classes as well. In the last few days I've really improved. I'm not going to get my six-pack back but I can work with what I've got.

I didn't expect to be able to walk around and go outside for fresh air. Once you got me walking, it was wonderful. One evening, the rain was chucking down and I thought 'I've not had rain on my face for months and months!' So I went outside and enjoyed the rain blowing in my face. It was lovely to experience that because I hadn't for so long. I came in absolutely soaked, hung my dressing gown up to dry and had a beautiful shower, I changed into some dry clothes and I thought 'Wow! I really enjoyed that.'

The facilities in the Hospice are amazing too. I was a quantity surveyor by trade and I look at the workmanship and what's been done in this building and it is first class. You guys go the extra mile; it's like living in a five-star hotel!

I am humbled to be here and I am deeply grateful for everything the Hospice is doing for me. I want to help raise awareness and change perceptions of hospice care.



**Meet the Team**  
Lorna McCafferty  
Trust Fundraising Officer

## How long have you worked at St Andrew's Hospice?

4 years

## What does your role involve?

My role involves applying to Trusts and Foundations for grant funding for various projects within the Hospice such as:-

equipment, running costs of the Hospice, staff training, projects such as our Community Palliative Care @ Home Project and Children's Support Service, Music Therapy, the refurbishment of our Dove Cafe, Complementary Therapy rooms and the Hospice building.

I am also responsible for the promotion of legacies and helping to raise awareness of the importance of legacy income to the Hospice. I manage the legacies that have been

bequeathed to the Hospice from the moment of intimation by the Legal Firm until the monies are received by the Hospice.

I run the Hospice's Make a Will Month campaign which is held every March. We are very fortunate to have the support of many Legal Firms throughout Lanarkshire who agree to waive their fee during the month of March in lieu of a donation to the Hospice.

My role also includes the promotion of In Memory Giving and I visit many Church and community groups to speak about the Hospice and the work that we do.

## What is your favourite aspect of your role at the Hospice?

My favourite aspect of my role is the satisfaction I get from working at St Andrew's. The support we receive from Trusts and Foundations and the people of Lanarkshire is amazing. Without this support, the Hospice would be unable to offer all of the vital services that it does.

## What does St Andrew's Hospice mean to you?

St Andrew's Hospice is a very special place and helps to support so many patients and their families at a time when they need our support the most. Lanarkshire is very fortunate to have a facility such as St Andrew's and I am very fortunate to work here. When I visit Church and community groups, people tell me about their experiences of the Hospice and the care their loved ones received and it is very clear to me that the Hospice is a vital service in Lanarkshire.



## Donation Form

Thank you for supporting St Andrew's Hospice.

Every donation helps and each penny you donate provides ongoing care or helps with our refurbishment. Don't forget to Gift Aid your donation if you are a UK taxpayer – that will give us an extra boost too.

Please let us know which area you would like your donation to go to:

- Our ongoing care       Our Capital Appeal to refurbish our Hospice

- £20 can pay for materials for our Children's Drop In Service       £50 can pay for a counselling session for a patient, carer or family member

- £80 can pay for visitor chairs to allow families to sit with their loved ones       £150 can pay for window voiles to give a more homely feel to the bedrooms

Or my own amount of £

### Your Information

The following information is required in order for us to record your donation. Please complete as fully as possible:

Title: (Mr, Mrs, Ms, Other)

First Name:      Surname:

Address:      Town:

Post Code:

### Gift Aid

I confirm I authorise St Andrew's Hospice to treat all donations I have made for the four years prior to this / today / any future donations until I notify you otherwise as gift aid donations. I confirm I have paid or will pay an amount of UK income tax and/or capital gains tax for each tax year 6th April to 5th April that is at least equal to the amount of tax that all the charities or CASC that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and council tax do not qualify. I understand the charity will reclaim 25p on every £1 that I give.

### Payment Details

I enclose a cheque made payable to St Andrew's Hospice

Please Debit my:  Visa  Maestro  
 Mastercard  Delta

Card Number

Maestro only

Issue No:

Valid from:

Expiry Date:

Security Code: (last 3 digits on the back of your card)

Card Holders Signature:

Date:

### Keeping in Touch

We really value your support and would like to stay in touch to keep you up to date on the work of St Andrews Hospice including our events and fundraising activity. We will never sell or share information with other charities or organisations for marketing purposes not related to St Andrews Hospice. Please select the ways we can keep in touch with you:

Post  E-mail  Text Message  
 Telephone  No Contact

Please return your completed form to us using the freepost envelope provided.

You can also donate online by visiting [www.st-andrews-hospice.com](http://www.st-andrews-hospice.com)

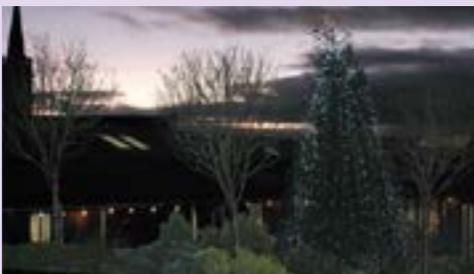
# Commemorating 25 Years of Light Up a Life

by Andrew Flynn,  
Schools and Community  
Development Co-ordinator



This year we are honoured to be commemorating 25 years of our Light up a Life campaign.

Christmas is often a time to celebrate but it is also a time to remember our loved ones. Light Up a Life gives our supporters the opportunity to sponsor a light on our Hospice tree or on a tree at one of 32 locations across North and South Lanarkshire throughout the festive period. When you sponsor a light in memory or honour of a loved one, we will send a handwritten, personalised card to let someone know that you are thinking of them.



The special task of handwriting the cards is undertaken by our dedicated Light Up a Life volunteers Millie Crawley, Eleanor Higgins and Mary Docherty. Having volunteered for 17 years, 17 years and 10 years respectively, the ladies have written hundreds of thousands of cards; some of which were destined for places as far away as New



Zealand, Singapore, Texas, Canada as well as locations all over the UK.

Millie explained why she gives her time to the campaign each year: "The biggest thing for me and the reason I do it is that I feel that I am giving something back for the care my Mum received in the Hospice in Wester Moffat Hospital. I feel like I am making a difference to people."

Supporters' stories often touch the hearts of our volunteers. Eleanor told us: "Every card is important. They all touch you in different ways. We all feel it is so important that we get every card right as we don't want to make any mistakes."

Mary recalled a particular story that illustrates how much Light Up a Life means to the community and the lengths people will go to in order to support the Hospice:

"A lady came in [to see us]; her daughter had been [cared for] in the Hospice. While I was writing her cards, she told me that she puts money in a jar throughout the year to give to the Hospice. Her house had recently been broken into and they had stolen the jar with the money in it, along with her daughter's jewellery. Despite this, she still wanted to donate to the Hospice. Her family had all chipped in to make the donation. It was so important to her that

[the Hospice] could continue to do what it does for everyone."

We would like to thank Millie, Eleanor and Mary for their hard work and dedication to the Hospice and for giving their time so generously to write the cards. Our thanks also go to sponsors Mears who have kindly supported the campaign since 2012, and North and South Lanarkshire Councils.



We are incredibly grateful to everyone who supports our Light Up a Life campaign, which for 25 years has been providing comfort to people who know there is a light shining brightly in their community for their loved one.

If you would like to take part in our Light Up a Life campaign this year, you can complete the form in our Hospice reception, in any of our Hospice shops, by calling 01236 766951 or by visiting [www.st-andrews-hospice.com](http://www.st-andrews-hospice.com)

# WHIMSICAL WINTER WONDERLAND

by Irene Viola, Retail  
Business Development  
Manager

Whimsical Winter Wonderland  
returns to Ravenscraig Regional  
Sports Facility on 1st December  
2018.

The day will feature:

**Christmas Market:** There will be gifts for all the family; clothes, fragrances, cosmetics and toys.

A Christmas gift wrapping service is also available on the day

**Children's Area:** Santa's Grotto, face painting, games, bouncy castles and so much more

**Fashion House:** Featuring fashion and accessories from Deja Boutique, D&X London, Equilibrium, Brandwell, Bessie London, LYDC, Fashion Button, Urban Mist and many more

**Vintage Promenade:** A shopping street filled with antiques and vintage goods



**Home Design:** Upcycled furniture, tableware, candles, soft furnishings, art and Christmas decorations

The day will also feature two catwalk shows at 12noon & 2pm, a Christmas Parade, carol singing, dance performances and entertainment with the amazing Gina McKie.

Adult tickets are £5, which includes entry to the Grand Raffle. Children under 12 go free.

Book online today at

[www.st-andrews-hospice.com/event/whimsical-winter-wonderland-1-december-2018/](http://www.st-andrews-hospice.com/event/whimsical-winter-wonderland-1-december-2018/)

Tickets are also available to buy from your local St Andrew's Hospice shop or at the door on the day of the event.



We have designed our very own St Andrew's Hospice Christmas jumpers for 2018!

The jumpers, priced at £15, come in four colours (red, green, navy and white) and are available to buy in any of our local St Andrew's Hospice shops or online at [www.st-andrews-hospice.com](http://www.st-andrews-hospice.com)

If you would like a member of our Fundraising Team to come and sell our Christmas jumpers in your workplace, please contact Bruce MacKenzie on 01236 766951.

## Support across the generations

by Lauren McKenzie, Social Media & Marketing Officer



**Six year old Aoibhi Robertson raised over £1000 for St Andrew's Hospice by having her waist-length hair cut.**

Aoibhi wanted to raise funds for the Hospice in aid of her grandpa George, who was cared for at St Andrew's before he passed away in 2015.

As well as asking for donations for the Hospice, Aoibhi donated her hair to The Little Princess Trust, which provides wigs for sick children.

Aoibhi's mum, Aimee Robertson, said: "Recently, Aoibhi has asked if she could have her hair cut. I was a bit stunned at first until she explained that she wanted to donate her hair to a charity that provides wigs to sick children, the Little Princess Trust; I was glowing with pride. She then asked if she could collect money for the place that looked after her grandpa. How could I refuse?"



At the opposite end of the spectrum, Pearl Flavell celebrated her 90th birthday and asked her loved ones to donate to St Andrew's Hospice in lieu of buying gifts, raising a fantastic £1250. What a kind gesture, thank you to Pearl and her friends and family for their generosity.



## Stock car ace on track to raise £100K

by John Brady, Head of Fundraising

**Kenny Purdie is aiming to raise £100,000 for St Andrew's Hospice in memory of his late wife Joan.**

Following a diagnosis of a rare form of cancer, Joan contacted the Hospice and both Joan and the family received support from the Hospice's Head of Support Services, George Beuken.

Joan's loved ones raised funds so that she could receive special medical treatment that was not available through the NHS. Joan died before the treatment could take effect, at the age of 53.

Kenny followed Joan's dying wish that the remnants of the fund would form the basis of a five year campaign to raise £100,000 for St Andrew's Hospice.

The Purdie family and friends set themselves the task of raising £20,000 a year. Joan's loved ones met and surpassed the 2017 target in a single evening with a fundraising ball at the Radstone Hotel. They rallied round to organise the event, sell tickets and obtain prizes. Kenny told us: "This is what Joan wanted us to do and our thanks go to everyone who is supporting the appeal."

Kenny is a stock car ace and as well as organising the first fundraising ball in 2017, Kenny held a major motorsport meet at Lochgelly. The event featured several classes of stock car racing including classics and micros and a collection was held for the Hospice.

Not resting on his laurels, Kenny and his family are organising their third fundraising ball on March 8th 2019 at the Radstone Hotel. If you are interested in booking a table, please contact the Hospice fundraising team on 01236 766951.



# YOU'VE GOT TO BE IN IT TO WIN IT!

### Our lottery is one of the regular fundraising initiatives that supports specialist palliative care here at St Andrew's Hospice.

For just £1 a week, you could be in with a chance of winning one of seven cash prizes: a top prize of £1000, £200, £100 and four £50 prizes.

The weekly draw takes place every Friday and the winners are notified by telephone by the Hospice Lottery Administrator. The prize cheques are sent to the winners' home addresses.

#### How can I join?

- **Online** – complete our online lottery form at [www.st-andrews-hospice.com](http://www.st-andrews-hospice.com)
- **By telephone** – call our lottery office on 01236 772028 to request a lottery form
- **In person** – complete a lottery form at the Hospice reception desk, in any of our shops or by speaking to one of our lottery canvassers who are out and about in towns across Lanarkshire promoting our lottery.

## WINNERS' STORIES



**Ann Rafferty** has been a volunteer in our Uddington shop since June 2009. Ann joined our weekly lottery in March 2015 and was absolutely delighted to receive the call to say she had won our top prize of £1000 in July of this year.

Her win came in handy as she was going on a family holiday to Centre Parcs the following Monday. Ann used her winnings to treat her grandchildren. She also made a kind donation back to the Hospice. In addition to volunteering in our Uddington shop and playing our weekly lottery, Ann has also taken part in our Schools 6K Fun Run & Race at Strathclyde Park during her time as a French teacher at Bellshill Academy.



**Angela Reid** joined our weekly lottery in November 2011 and was shocked to be our top prize winner in December 2017. Angela's family feel a connection to the Hospice since losing their mum to Alzheimer's three years ago. Angela, along with her four

sisters, spent two wonderful days here with their mum and they were touched when the doctor explained to them that their mum "wasn't just a patient, but a person". The family felt that the care and the surroundings were peaceful and dignified. Angela's mum always supported St Andrew's Hospice as their aunt was a nun at St Margaret's Convent and also passed away in the Hospice. The whole family continue to support the Hospice.

by Diane Gaughan,  
Lottery Compliance &  
Admin Officer

## Aiming high with a little help from my friends

by Maria Leonard,  
Corporate Fundraiser



Marjory Daly has raised almost £18,000 for our Capital Appeal with the help of her friends; well surpassing her original goal of raising enough funds to buy a Hydrotherapy Bath for our newly refurbished Inpatient Unit.

Marjory's daughter Janice passed away in the Hospice in 2015. Since then, Marjory has fundraised tirelessly for St Andrew's Hospice. Earlier this year, she was invited to attend the Queen's Garden Party in recognition of her efforts.

Before Janice passed away, she would talk with her mum about the ways they could help St Andrew's Hospice. It was decided that they would raise funds for our Capital Appeal.

Marjory's fundraising quest began with a relative taking part in a sponsored

run and a family friend hosting a coffee morning. These achievements were followed by two very successful fashion shows.

It was at the fashion shows that Marjory began to sell knitted baby blankets. Her knitted baby items proved popular and led to Marjory securing a space at Monklands Hospital where she currently sells her knitting; supported by her family, friends and local church.

Marjory runs a small weekly knitting group from her home and regularly receives donations of knitted goods from friends of the Hospice, with some items coming from as far afield as Ireland.

We would like to thank Marjory and her friends for their continued support.

We have listened to what our patients, their families and Healthcare Professionals who refer to our services have told us and we will be offering a variety of one-to-one, group and drop in sessions.

Our 12-week Wellbeing @ St Andrew's programme aims to provide physical, emotional, spiritual and social support through a comprehensive day therapy programme for those with a life-limiting illness, in order that they might live well.

In addition, we will continue to offer one-to-one specialist physiotherapy and occupational therapy clinics as well as group sessions such as Strength and Balance and Fatigue Management. Our Complementary Therapists will offer a variety of



options including aromatherapy, reiki and massage.

We are also looking to set up a Carers Support Group as well as offer a Benefits Drop-In.

Patients can be referred to any of our services via their GP or other Healthcare Professionals. If you would like more information, please contact Donna Bruce on 01236 772025 or e-mail [donna.bruce@standrews.scot.nhs.uk](mailto:donna.bruce@standrews.scot.nhs.uk)

# THANK YOU



Thank you to over 750 participants who took part in our Midnight Walk to celebrate the 10th Anniversary of this fantastic event. We are incredibly grateful to UIS who have generously sponsored this event since it first began in 2009. Thank you to those who supported the event, the volunteers on the evening and to everyone who took part to help raise vital funds for our patients and their families.



A huge thank you goes to the 'Wishaw Wanderers' who have supported us since the beginning of our Capital Appeal. This year, the team completed the Arran Coastal Walk. To date, they have raised over £10,000. What an achievement! Thank you for your continued support.



Thank you to Gary Ruthven and his friends, family and colleagues from RBS who have raised over £30,000 for the Hospice and our Capital Appeal. Gary recently entered a team into the Edinburgh Kiltwalk to raise even more funds. We can't thank you all enough for your hard work and continued support.



On Saturday 25th August, 94 fabulous supporters took on the challenge of climbing Ben Nevis to raise funds for the Hospice. It was a gruelling but brilliant day; and a huge achievement for everyone who successfully conquered the UK's highest mountain. Thank you to everybody who undertook this challenge and a special thank you to our event sponsor Terex Trucks for their support for this event and for everything they do to help our patients it is very much appreciated.



Thank you to John Quinn and staff from Wallace Quinn and Co. who held a golf day at Dullatur Golf Club to raise funds for our Capital Appeal. Thank you to everyone who entered a team and helped raise a fantastic £3600 on the day.



1600 pupils and teachers from across 35 Lanarkshire schools rose early on Sunday 16th September to take part in the Schools 6K Fun Run & Race. They ran, jogged, walked, pushed buggies and even hobbled with a cast around Strathclyde Park to raise sponsorship monies for the Hospice. Stuart Loudon from event sponsor IHE Stainless was there on the day, along with the Depute Provosts from North and South Lanarkshire to present the prizes to the fastest finishers. We'd like to say a huge thank you to everybody who came along and a special thanks to IHE Stainless and everyone who supported the event.

## Outpatient Services Relaunch

by Joy Farquharson, Acting Deputy  
CEO: Governance & Service  
Development

During our major refurbishment project, the contractors used our Day Hospice facilities as their site office while the work was undertaken. Now that the refurbishment is complete, we are getting it all spick and span before we re-open again with a variety of different services for the community of Lanarkshire.

# WHAT'S ON

Book tickets online at  
[www.st-andrews-hospice.com](http://www.st-andrews-hospice.com)

**11**

NOVEMBER  
2018

## Sunday in the City Ladies Lunch

Sponsored by BSB Structural  
The Grand Central Hotel, Glasgow,  
Tickets £45  
A glamorous afternoon of fun hosted by  
Edward Reid.  
Contact Louise Arthur on 01236 772048  
for more information or book online.

**16**

NOVEMBER  
2018

## Whisky Tasting

Sponsored by Inver House Distillers  
1599 at the Royal College, Glasgow,  
Tickets £80  
Enjoy a 3 course meal and whisky tasting.  
Contact Louise Arthur on 01236 772048  
for more information.

**18**

NOVEMBER  
2018

## Santa Dash & Reindeer Run

Sponsored by Amey  
Strathclyde Park  
Adult £10 Child £5 Family £25  
Celebrate the festive period by running,  
jogging, walking or cycling 6k around  
Strathclyde Park with our Santa Dash,  
Reindeer Run and Santa Cycle. Come along  
and meet Santa's reindeers on the day!  
Contact Bobby Mason on 01236 772089  
for more information or sign up online.

**24**

NOVEMBER  
2018

## Grand Snowflake Ball

Sponsored by Friends of the Hospice  
Doubletree by Hilton Glasgow Central,  
Tickets £95 - tables of 8, 10 or 12 available  
Highlight event of the year: a gala dinner  
with live entertainment.  
Contact Louise O'Donnell on  
01236 772012 for more information.

**01**

DECEMBER  
2018

## Whimsical Winter Wonderland

Ravensraig Regional Sports Facility,  
Adults £5 Under 12s go free  
Christmas market with gifts for all the  
family including; clothes, cosmetics, toys  
and homewares.  
Visit Santa's Grotto and enjoy the catwalk  
fashion show. Ticket includes entry to the  
Grand Raffle.  
Contact Irene Viola on 01236 766951  
for more information or buy your tickets  
online.

THROUGHOUT  
WINTER

## Jammies, Gin and a Wee Night In

Plan a pyjama party with your friends and  
family, enjoy a gin or two and help raise  
funds for a good cause.  
Contact Maria Leonard on 01236 772048  
for more information and a fundraising  
pack.

**01/02**

DECEMBER  
2018

## Breakfast with Santa

Sponsored by Gallagher Foods  
Airdrie Working Men's Club,  
Child £10 Adult £5  
Enjoy a magical Christmas movie,  
entertainment from a magician and a  
special visit from Santa.

**SOLD  
OUT**

**02**

DECEMBER  
2018

## Light Up A Life Service

Sponsored by Mears and supported by  
North & South Lanarkshire Council  
St Andrew's Hospice, Henderson Street,  
Airdrie, 7pm  
Join us for a special gathering to  
remember loved ones and the lighting up  
of our Christmas tree.  
Contact Andrew Flynn on 01236 766951  
for more information.

**06**

DECEMBER  
2018

## Festive 5's

Soccerworld Glasgow, Team Entry £299  
Take part in 5-a-side football tournament  
and enjoy a pie and a pint afterwards.  
Contact Martine Jenks on 01236 772048  
for more information or sign up online

FROM

**13**

DECEMBER  
2018

## Christmas Art Exhibition

Education Department, St Andrew's  
Hospice, Airdrie, Free Entry  
Come along to view some fabulous  
paintings from well known artists  
from Lanarkshire and across Scotland.  
Paintings will be available to buy with  
monies raised going to our Capital  
Appeal.  
Contact Louise Arthur on 01236 772048  
for more information.

**27**

JANUARY  
2019

## Come Gin with Us

Dalziel Park Hotel & Golf Club,  
Tickets £35  
Enjoy 3 gin tastings from Scottish gin  
companies and a 3 course lunch. The  
event will be compèred by Gina McKie  
and there will be DJ entertainment.

**SOLD  
OUT**

**24**

FEBRUARY  
2019

## Strictly St Andrew's Lunch

Organised by Doubletree by Hilton  
Strathclyde, Tickets £40  
Enjoy a 3 course lunch whilst supporting  
the fabulous contestants who are battling  
it out on the dancefloor for the Strictly  
Glitter Ball.  
Contact Louise O'Donnell on 01236  
772012 or Lyndsay Ferguson on 01698  
840045 for more information.

**16**

MARCH  
2019

## Sportman's Dinner

Sponsored by Central Car Auctions  
Doubletree by Hilton Strathclyde, Tickets £65  
Hosted by Tam Cowan with fantastic  
sporting speakers.  
Contact Lorrett McCutcheon on  
01236 766951 for more information or  
book online.

**21-31**

MARCH  
2019

## Kilimanjaro Trek

Beginning in dense tropical rainforest,  
the Lemosho route is stunning and takes  
us on a journey through some of the  
mountain's most scenic features.  
Contact Bobby Mason on 01236 766951  
for more information or book your place  
online.

**24**

MARCH  
2019

## Ladies Lunch and Fashion Show

Sponsored by The Ellen Kane Trust  
The Bothwell Bridge Hotel, Tickets £35  
with tables of 8, 10 or 12 available  
Hosted by Edward Reid  
Contact Rosaleen McKenna on  
01236 766951 for more information or  
book online..

**28**

APRIL  
2019

## Handbags and Gladrags Ladies Lunch

Sponsored by The Ellen Kane Trust  
Doubletree by Hilton Strathclyde, Tickets £39<sup>50</sup>  
Contact Pauline Short on 01236 772048  
for more information or book online.

**28**

APRIL  
2019

## Kiltwalk Glasgow

Get your friends & family involved;  
have fun raising money for St Andrew's  
Hospice. Sign up today at  
[www.thekiltwalk.co.uk/events/glasgow/](http://www.thekiltwalk.co.uk/events/glasgow/)



StAndrewsHospice1



@StAndrewHospice



@standrewshospice

[www.st-andrews-hospice.com](http://www.st-andrews-hospice.com)

St Andrew's Hospice  
(Lanarkshire) is a charity  
registered in Scotland,  
No. SC010159

St. Andrew's Hospice

# SANTA DASH, REINDEER RUN & SANTA CYCLE

Strathclyde Park  
Sunday 18th November 2018  
Starts at 11:00am

Meet Santa  
and his  
Real Reindeers!

Support your  
**Local Hospice**

In aid of  
**St. Andrew's Hospice**  
Henderson Street, Airdrie ML8 6DJ

Contact the Fundraising Team on: 01236 766951  
or email: [hobby.mason@standrews.scot.nhs.uk](mailto:hobby.mason@standrews.scot.nhs.uk)  
[www.st-andrews-hospice.com](http://www.st-andrews-hospice.com)

Sponsored by  
**amey**

St. Andrew's Hospice (Lanarkshire) is a charity registered in Scotland No. SC010159