

LANARKSHIRE SPECIALIST PALLIATIVE CARE (SPC) SERVICES and REFERRAL INFORMATION 2020

REQUIREMENT	PROVIDER	CONTACT
<p>COMMUNITY SPC End of life care, symptom control and holistic assessment of need for patient at home or in other usual place of residence (care home, community hospital, prison)</p>	<p>NHS North and South Community SPC teams - Community Nurse Specialist (CNS) led</p>	<p>From October, 2020 there is a new community Specialist Palliative Care (SPC) referral process</p> <p>To access SPC support for patients living at home, professionals should use the dedicated referral/advice telephone line (Monday to Friday 9am to 5pm): 01698-754501</p> <p>Please be ready to give our admin team your name, designation and contact details, along with the patient's CHI number and the reason for your call</p> <p>Our email address for general enquiries is: palliativecare.lanarkshire@nhs.net</p> <p><i>You should no longer refer new patients by MiDIS, Morse, paper, email or letter</i></p> <p>(Lanarkshire residents of Cumbernauld and Kilsyth should be referred to Strathcarron hospice, which also provides community CNS and medical outreach. Tel 01324 826222. www.strathcarronhospice.net)</p>
<p>MEDICAL ADVICE Palliative Medicine Consultant opinion for patient at home/other usual place of residence or in acute hospital.</p>	<p>NHS Community SPC team – CNS led and includes consultant sessions.</p> <p>NHS Acute SPC team – CNS led and includes consultant sessions.</p>	<p>Contact details as above for community SPC – where a requirement for medical assessment can be specified. Contact the hospital CNS for patients in acute hospital setting.</p> <p>Urgent medical advice in any setting, call consultants directly via St Andrew's hospice 01236 766951 or Kilbryde hospice 01355 202020. Lead Consultant Dr Catriona Ross catriona.ross@lanarkshire.scot.nhs.uk</p>
<p>SPC PHYSIOTHERAPY and OCCUPATIONAL THERAPY outpatient service</p>	<p>Team based at St Andrew's hospice can be accessed for all Lanarkshire families.</p>	<p>Refer via website www.st-andrews-hospice.com</p>
<p>SPC OUT OF HOURS and GENERIC OUT OF HOURS SUPPORT</p>	<p>St Andrew's and Kilbryde hospices (24/7).</p> <p>North and South Community SPC Teams (9am to 5pm, 7 days).</p> <p>General Medical Services (overnight and weekends)</p>	<p>St Andrew's hospice SPC advice for North Lanarkshire and Clydesdale Locality of South Lanarkshire, via 01236-766951.</p> <p>Kilbryde hospice SPC advice for Cambuslang/ Rutherglen, East Kilbride, Hamilton, via 01355 202020.</p> <p>North Community SPC team (9am to 5pm Saturdays & Sundays) – contact via 07890 510317.</p> <p>South Community SPC team (9am to 5pm Saturdays & Sundays) – contact via 07740 023507.</p> <p>General Medical Services Out of Hours from 6pm overnight and all weekend – contact via NHS24 on 111. Primary Care Centres (Douglas Street Hamilton, Airdrie Community Health Centre) – contact via NHS24 on 111.</p>

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BEREAVEMENT CARE for patient/family at home	Team based at St Andrew's hospice can be accessed for all Lanarkshire families.	St Andrew's hospice Support Services. Tel 01236 772024. Both professional and self-referrals accepted (Kilbryde hospice also provides bereavement support for families of current or previous hospice day patients or inpatients. Tel 01355 202020 or via website www.kilbrydehospice.org.uk)
OUTPATIENT DAY SERVICES including nurse led assessment, wellbeing programmes, complementary therapies, relaxation, counselling/ spiritual care, peer support, music therapy, special groups	SPC day hospices	St Andrew's hospice for people in North Lanarkshire (including Northern corridor from October 2018) and Clydesdale locality of South Lanarkshire. Referral form on website: www.st-andrews-hospice.com Kilbryde hospice for people in East Kilbride, Hamilton, Cambuslang and Rutherglen. Referral form on website: www.kilbrydehospice.org.uk (Lanarkshire residents of Cumbernauld and Kilsyth should be referred to Strathcarron hospice. Tel 01324 826222. www.strathcarronhospice.net)
ACUTE HOSPITAL SPC advice for NHS Lanarkshire hospital inpatients	NHS Acute SPC team – CNS led with sessional medical input.	Palliative Care CNS via switchboard at UHW (01698 361100), UHM (01236 748 748), UHH (01355 585000). Team led by Gillian Thomson.
HOSPICE INPATIENT CARE Multidisciplinary Specialist Palliative Care for patients with complex physical, spiritual or psychosocial needs	SPC inpatient units	St Andrew's hospice for people in North Lanarkshire and Clydesdale locality of South Lanarkshire. Tel 01236 766951. Referral form on website www.st-andrews-hospice.com Kilbryde hospice for people in East Kilbride, Hamilton, Cambuslang, Rutherglen localities. Tel 01355 202020. Referral form on website www.kilbrydehospice.org.uk (Lanarkshire residents of Cumbernauld and Kilsyth should be referred to Strathcarron hospice. Tel 01324 826222. www.strathcarronhospice.net)
PHARMACY advice	Macmillan Lead Pharmacist, Palliative Care.	Linda Johnstone at St Andrew's hospice 01236 766951. Linda.johnstone@lanarkshire.scot.nhs.uk
NURSING CARE The Marie Curie Nursing Service offers End of Life care at home to adults affected by a range of life limiting illnesses	Marie Curie Nursing Services	Marie Curie Referral Centre – 0845 056 7899 Email – nursing@mariecurie.org.uk Marie Young, Clinical Nurse Manager. The District nursing service usually refer and should be included in care planning if request comes from hospice or hospital CNS.
LYMPHOEDEMA management	NHS Lymphoedema team	Central clinic, Hamilton. 01698 285707. Fax 01698 42368, email Lymphoedema.clinic@nhs.net

FURTHER COMMUNITY PALLIATIVE CARE SUPPORT

Compassionate Lanarkshire (CLAN) is a partnership project between St Andrew's, Kilbryde and Strathcarron hospices, available to individuals and their families affected by life limiting illnesses. The CLAN team works with individuals and carers in their own homes and communities to: identify and build on their strengths, increase knowledge and understanding, manage stress and anxiety, enhance resilience, improve emotional health and wellbeing, identify and access services, supports and opportunities, all with the aim of developing coping strategies and reducing isolation and loneliness. Services available include complementary therapies and befriending.

CONTACT

Compassionate Lanarkshire (CLAN)

Tel 01236 772004

Referral form at <https://www.st-andrews-hospice.com/healthcare-professionals/make-a-referral/#tab-id-4>

Email the referral to:
clan-ref@nhs.net

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