

Dove Tales

Edition 14
Spring 2024



**READ ABOUT
THE IMPACT
YOU'RE
MAKING**

**GO THE
EXTRA MILE
FOR ST ANDREW'S HOSPICE**



THANK YOU FOR PICKING UP THIS SPRING EDITION OF DOVE TALES

IN THIS ISSUE, WE'LL TELL YOU ALL ABOUT:



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READ ON FOR ALL OF THIS AND MORE!



Welcome to the Spring edition of Dove Tales!

I'm sure we're all looking forward to the longer days and some warmer temperatures in Spring and Summer after a long winter!

Here at St Andrew's, the services we offer have been more in demand than ever over the Autumn and Winter months and they can only be provided thanks to you – the community and businesses

of Lanarkshire – and your unwavering support. A BIG hospice thank you on behalf of the patients and families cared for at St Andrew's.

There is a full Spring / Summer programme of events and activities for you to participate in or attend so why not get a group of friends or family together and do something different this year? Get glammed up and attend our Summer Ball, dust off your trainers and take part in our Midnight Walk or take on the ultimate challenge - conquer Ben Nevis!

St Andrew's 13 shops across Lanarkshire provide vital funding for all patient services but can only function with your donations. Please contact your local shop or the warehouse if you're having clear out or moving house, we would be delighted to accept your goods.

I'd love to hear any feedback on our magazine, events or services. Please feel free to get in touch:

E-mail: joy.farquharson@standrews.scot.nhs.uk

Post: Joy Farquharson, St Andrew's Hospice, Henderson Street, Airdrie, ML6 6DJ

Joy Farquharson

Chief Executive

Your Stories

Have you or a loved one used any of our St Andrew's Hospice services?

Whether you have been admitted to our Inpatient Unit, referred to our Outpatient services, attended a drop in session or received bereavement support or support at home from our Compassionate Lanarkshire team, we'd love to hear from you!

Sharing your experience helps bust myths about what hospice care is, helps to raise awareness of the services on offer to the people of Lanarkshire and vitally, can bring comfort to others at a difficult time in their lives.

Share your story today at www.st-andrews-hospice.com/your-stories



FROM SOFA

TO SUMMIT



JOIN US TO CLIMB BEN NEVIS

You've heard of Couch to 5K, why not join us for Sofa to Summit? We've put together a training plan to help you take on the UK's highest peak on Saturday 31st August!

We've put together a handy guide to help you get ready for this fantastic feat! So lace up your boots, embrace your adventurous side and sign up to join us for our annual Ben Nevis Challenge.

Once complete, celebrate your achievement with dinner, bed & breakfast at a local hotel. Return transport and overnight accommodation is included.

Long-time Hospice supporter and now Hospice Community & Events Fundraiser, Richard Trott told us why he first took on the challenge in 2012...


"In 2012, I climbed Ben Nevis for the first time in support of St. Andrew's Hospice, who had provided incredible care for my mother, Mary, in her final weeks.

"I wanted to do something that not only raised funds for such a remarkable cause but also pushed me beyond my comfort zone. It was an emotional journey, yet the support of my amazing friends who were with me made it unforgettable.

"Since then, I've tackled 'The Ben' a few times, always with friends and family joining me. Every step is tough, but the cause makes it all worthwhile."

WE NEED YOU!

Join Richard and your fellow St Andrew's Hospice supporters in signing up today at www.st-andrews-hospice.com/events



Would you love to be a lasting, living treasure?

Kind gifts to the Hospice in the Wills of local people have a huge impact on those nearing the end of their lives. The compassionate, specialist care and support delivered to patients, both here in the Hospice and in the Lanarkshire community, allows them to live their last days in cherished dignity. Legacies also bring support for those who are left behind; support that may go on for months, years or even decades.

Every week, around 120 Lanarkshire people seek the comfort and care of St Andrew's Hospice. They are not

only patients; they are someone's wife, husband, partner or child.

A gift in your Will helps someone in the care of St Andrew's to live all the life that is still to be lived. To cherish their unique life, with dignity, until the very end.

For further information or if you would like to have a chat about leaving a gift in your Will, please contact our Trusts, Legacy and Individual Giving Manager, Lorna McCafferty on 01236 772087 or e-mail lorna.mccafferty@standrews.scot.nhs.uk



We would like to say a huge thank you to all the Solicitors throughout Lanarkshire who very kindly agreed to take part in our tenth annual Make a Will Month campaign. During the month of March, participating Solicitors agreed to waive their fee for writing a basic Will in lieu of a donation to the Hospice. We simply could not do it without your continued support - thank you!

GO THE EXTRA MILE FOR ST ANDREW'S HOSPICE



Why not go the extra mile for St Andrew's Hospice in 2024 by taking on the Kiltwalk? With four cities and 3 different walking distances to choose from – there's something for everyone.

So whether you take on The Mighty Stride or The Wee Wander, whether you take on one Kiltwalk or all four – with each step you take, you will be helping to provide specialist care and support for those living with a life-limiting illness and their loved ones in Lanarkshire.

We spoke to two seasoned Kiltwalk participants about the event, what they love about it and why they have selected St Andrew's Hospice as their chosen charity...

**Elaine Jopling,
Teacher at Clyde Valley High School**

"When I turned 40, I decided that I needed to challenge myself and, after considering several events, I finally settled on taking part in my first Kiltwalk.

"I did my first Mighty Stride in 2018, along with staff from my sons' Primary School, raising funds for an autism charity. I enjoyed it so much that I knew I wanted to do it again. I thought I'd only do it one more time, I didn't expect to still be doing it all these years later!

"Over the years, I have completed the Kiltwalk for a range of charities for various personal reasons, including a solo Kiltwalk for The Beatson Charity in 2020.

"Clyde Valley High School has always had strong links with St Andrew's Hospice and has raised thousands of pounds through Christmas concerts, the Strathclyde Park Schools' 6K and the annual Tinto Hill Climb. In addition to this, many of the staff live in the Lanarkshire area and as such, have had their own personal experiences of the work of the Hospice.

"By 2021, I had convinced some colleagues to take part in their first Kiltwalk and this was the beginning of Team CVHS. After years of wondering at me taking on walking

challenges, those who joined me finally understood why I enjoyed doing it so much. The atmosphere on the day, along with the support from other walkers and members of the public, genuinely helps to get you through it. The whole event is a hugely positive experience.

"The following year, even more colleagues signed up and I was delighted to have 13 colleagues join the effort. Word and team spirit continued to spread and, last year, Team CVHS had 17 members.

"This year, the Hospice holds an extra special place in the hearts of the Clyde Valley High community, following the loss of a good friend and colleague, Jimmy Burns, who spent his final days in St Andrew's Hospice.

"Team CVHS 2024 has 39 members, all wanting to play their part in thanking St Andrew's Hospice for all the work they do. Jimmy's daughter Ketanthi will be leading the team on 28th April as we head out from Glasgow Green."



Ashley Kennedy

"I did my first Kiltwalk in 2019 and by the end of 2024, I will have taken part in 9. I did it virtually during the 2020 & 2021 COVID periods. I think I picked the coldest, wettest day of the year in 2020 to walk from Chapelhall to Celtic Park and back but I was determined, I wasn't going to give up!

"I started fundraising for St Andrew's in 2016 when the charity launched their Capital Appeal to refurbish the Hospice. I live locally and knew of the Hospice, however I didn't know just how much fundraising it relied on to keep its doors open and provide outstanding care to the people of Lanarkshire. After a chance meeting

with a member of the Hospice's Capital Appeal team, I just knew that I wanted to help. Since then, I've raised money through various events and online fundraising.

"In 2019, I was able to see first-hand the care and compassion that is given to patients when I lost someone very dear to me in the Hospice. I cannot thank the staff enough for what they did during that time, and what they continue to do for every patient and their families. The support from everyone is second to none.

"I like to set myself a challenge. I'm not super fit and every year I say 'never again' but that thought doesn't last long. As soon as Kiltwalk registration opens every year, I'm signed up again.

"The Kiltwalk is a great day. I'm very grateful that one of my closest friends does it with me and we chat all the way. You get talking to other walkers too; who share their stories of why they are doing it for their chosen charities. There are pit stops along the way where snacks are provided (I eat a lot of sweets en route) and at the finish line, it literally feels like a party in Balloch park.

"There is an option for everyone; The Mighty Stride (22.6 miles), The Big Stroll (14.2 miles) or The Wee Wander (3.1 miles).

"It is a great event to take part in as all the money you raise goes directly to your chosen charity, plus all eligible gift aid, meaning that up to 125% of all funds you raise go to the charity close to your heart.

"So set yourself a challenge this year! Sign up for the Glasgow Kiltwalk or join me in taking on the Ultimate Kiltwalk Challenge by completing all 4 Kiltwalk events in 2024!"

Dates for your diary

Glasgow: 28th April

Aberdeen: 2nd June

Dundee: 11th August

Edinburgh: 15th September

Visit www.thekiltwalk.co.uk to register.

WHO WILL YOU WALK FOR?



The Midnight Walk returns for its 14th year!

The popular event sees Hospice supporters set off on an 8, 10 or 13-mile route – all starting and finishing at Ravenscraig Regional Sports Facility. Some walk in memory of a friend or loved one, some take part as a way of keeping fit and some simply sign up to do something a little different on a Saturday night.

Whatever your reasons, by taking part, you give the Hospice's patients and their loved ones the opportunity to make lasting memories together.

Vicki Stein shared her reasons for taking part with us...

"I remember visiting St Andrew's Hospice as a young girl with my dad, before it was officially opened. When I was at High School, I volunteered in the tearoom and in the kitchen, making rolls. My parents were big supporters of the Hospice. Little did we know that we would need the support of St Andrew's when my dad was diagnosed with cancer.

"He used the day centre weekly while he was able and my mum got counselling which was much needed. My dad died in 2007. Since then, my mum, sister and I have gone to most of the Ladies' Lunch events and I've also been to a number of Ladies' Nights with friends. The Midnight Walk was just something different.

"I had been thinking about doing the Midnight Walk for a number of years so in 2019, I persuaded 3 of my work colleagues to do it with me.

"Then the COVID pandemic hit and I missed the event's return in 2022 due to a family wedding but I did it again, on my own, in 2023. It was a particularly poignant one as it was on Father's Day. I think I must have been quick off the mark to sign up for this year's event as my number is 001!

"I love the atmosphere on the night; seeing everyone wearing the bright 'boppers' and costumes all lit up in the dark, the stories from people, the encouragement from everyone, the sense of purpose and achievement and most of all, doing it for my dad and a friend who spent her last days being cared for by the wonderful team at St Andrew's.

"For anyone thinking of taking part in 2024, I'd say go for it. It's great to do it with friends but even doing it on your own, you will find others to walk with. Everyone is there for the same reason and they are all so supportive (and you get a medal!).

Let's make 2024 the biggest and best Midnight Walk yet! Register online today at www.st-andrews.com/events or give our Fundraising Team a call on 01236 766951. Together, we can go the extra mile for St Andrew's Hospice.

URGENT CARE APPEAL

St Andrew's Hospice urgently needs your help to fund care for hundreds of people living with a life limiting illness across Lanarkshire.

The last few years have been very challenging for everyone, including the Hospice, and sadly this year, we continue to face financial challenges.

Here at St Andrew's Hospice, we are passionate about providing patient-centred care to the community of Lanarkshire. However, the depletion and inequity of funding leaves us facing very challenging decisions over the next 12-18 months as to the services we can continue to provide. Over the last two years combined, the Hospice is left with a deficit over £1.5 million and this is simply not sustainable as a charity.

We are experiencing a high demand for all of our services. We are sadly seeing patients with more complex needs and young patients with young children. Our services are needed more than ever and that is why we have launched this Urgent Care Appeal.

How you can help:

- £23.56** would pay for one day of healthy nutritious meals for a patient.
- £68.76** would pay for a complementary therapy treatment for two patients.
- £164.08** would cover the cost of two bereaved loved ones having 4 counselling sessions each.
- £1034** would pay for 24 hours of nursing care for a patient.

If you would like to make a donation to our Urgent Care Appeal, please visit www.st-andrews-hospice.com/urgent-care-appeal/ or call our Fundraising Team on 01236 766951.

By donating to the Urgent Care Appeal, you can help patients and their families who need the specialist care and support the Hospice provides, like Ryan and his family...

Ryan's Story by his Mum, Carol-Ann



"Our first experience with St Andrew's Hospice was in May 2022 when our son, Ryan - our daughter Hope's twin brother - was transferred there from the hospital with his bowel perforated. On the 1st of May, Ryan was transferred to a busy, noisy surgical ward and we found out he had bowel cancer. The Doctor asked him if he wanted to stay there, have care at home or be admitted to St Andrew's Hospice. Right away, Ryan said he wanted to go to the Hospice. When I asked why, he reminded me that when he was at St Andrew's High School, he had visited the Hospice and he really liked it. It felt like the right place to go.

"When we arrived at the Hospice, it just felt right. We felt loved and they took excellent care of the four of us. Ryan had Reiki and was visibly relaxed. It was so peaceful but strangely not sad. The staff listened to him, spoke to him and treated him with compassion.

"Sadly, Ryan passed away in the Hospice 13 days after diagnosis. However, our experience of the Hospice did not stop there. I struggled with grief and had counselling in the Hospice and at home. St Andrew's Hospice helped us at the most difficult period of time in our family's lives. We are forever grateful that Ryan felt safe and loved in his final days".

MEET THE TEAM



Name: **William Laird**

Role: **Head of Social Work, Counselling & Support Services**

How long have you worked at St Andrew's Hospice?

I commenced my role at St Andrew's Hospice on 30th October 2023 after 25 years working within Local Authority Statutory Social Work Services. I have previous experience at St Andrew's Hospice as a student whilst undertaking my Social Work Degree. I feel very privileged to return to the Hospice in my current role.

What does your role involve?

My role is varied and covers Social Work, Bereavement Counselling, Children's Bereavement Support, and Chaplaincy Services.

As Lead Social Worker & Head of Support Services my focus is to help patients and their families navigate planning for end-of-life care; understand their care plan and be vocal about their needs; manage the stresses of debilitating physical illnesses, including emotional, familial and financial; overcome crisis situations; and connect to other support services. I'm also responsible for responding to any identified safeguarding concerns. I promote advocacy for patients and their families and identify patients' needs and what resources are available within and outside of hospice settings to help them. This ranges from constructing and facilitating discharge plans in conjunction with the patients, their family and community health & social care resources.

What is your favourite aspect of your role at the Hospice?

Hospice and palliative care social work can be challenging as it involves helping people through difficult and stressful times of their lives. However, the rewards include making strong connections with people, learning and celebrating their life stories and having a positive impact on patients and their families. Helping them through periods of difficulty

and uncertainty is a main focus and the teams are very committed to ensuring the support is meaningful, I admire that.

Do you have a particular memory or story from your time at the Hospice you'd like to share?

I have many memories during my time at St Andrew's Hospice, however one particular memory that I feel important to share relates to a very enjoyable Christmas Market event in December 2023. The laughter, interaction and fun between patients, families and staff throughout the event brought to the forefront the relevance of celebrating festivities and connection with loved ones, staff members, volunteers and other community members. It was such a happy event and a time where memories were made and will remain.

What does St Andrew's Hospice mean to you?

St Andrew's Hospice has a significant meaning to me both professionally and personally. As a student social worker in the earlier part of my career, St Andrew's Hospice played a significant part in shaping my career pathways and influencing my social work practice. My learning experience demonstrated the commitment to delivering a holistic approach to end of life care planning with a focus to maximise quality of life and providing spiritual and psychosocial care to patients and families. I too have personally experienced the care and support St Andrew's Hospice provides. In 2018, my sister June received End of Life Care within the Hospice. The care, commitment and dedication from all the teams made an incredible supportive impact on our family through a very difficult and untimely circumstance. Despite the sadness and upset, my experience highlighted the importance and significance of the care and support St Andrew's Hospice provides. I feel extremely lucky to have the opportunity to be part of St Andrew's Hospice and contribute to an incredible and much-needed service.

AMATEUR STEEPLECHASE RACING & PONY RACING

OVERTON POINT TO POINT Races



£50 HOSPITALITY TICKET

Includes member parking, wine on arrival, marquee access FROM NOON, pre-race carvery, live entertainment & MORE

SPONSORSHIP Opportunities Available



SATURDAY APRIL 27 2024
Family Day ALL PROCEEDS GOING TO:

First Pony Race: 1pm
First Point To Point Race: 2pm
Last Race: 4.30pm

kilbride hospice
Caring across South Lanarkshire



£15 ADULT TICKET | accompanied under 16's GO FREE | includes FREE race card & parking

ALL ENQUIRIES TO:
point2point@overtonfarmshop.co.uk
facebook.com/OvertonFarmPointToPoint
OVERTON FARM SHOP, CROSSFORD, ML8 5GF

BE IN IT TO WIN IT!

If you'd like to be in with a chance of winning one of seven cash prizes every Friday, as well as supporting your local Hospice, start playing our Lottery today for as little as £1 per week.

Top prize

£1,000

2nd prize

£200

3rd prize

£100

4 x Winners

£50



Long-time supporter of St Andrew's Hospice, Harry Healy, recently won our **£1000 jackpot!** As well as playing our Lottery, Harry has also taken part in various fundraising challenges including the West Highland Way and an international trek in Italy. He told us he supports St Andrew's as he has "a personal attachment after losing his best friend, Robert, who was well cared for here."

You could be our next lucky winner! To start playing, head to www.st-andrews-hospice.com/lottery or call our Lottery Office on 01236 772028 for further information.

We would like to say a big Hospice thank you to our existing players – some of you have been playing since we launched the Lottery in 2000! Your generosity ensures we can continue to support those living with a life-limiting illness and their loved ones across Lanarkshire.

Our new Lottery App

Already play our Lottery? You can now manage your account on the go with our new LotteryLink mobile app. Available for iOS & Android, **LotteryLink** allows you to update your personal details, monitor your payments, check your balance and receive notifications about winning tickets. You can also read about the difference your contributions are making to our patients and their loved ones.

The app is **FREE** for all and available to download from your app store now.



Download on the App Store



GET IT ON Google Play

Set up code: **766951**

Delicious Food, Great Prices

Did you know our Dove Café in the Hospice is now open 7 days? From hot meals to homebaking - we've got you covered every day of the week!

We're open Monday – Friday from 10am – 4pm and from 10.30am – 3pm at the weekend.

In addition to our daily deals, we also offer Afternoon Tea for 2 on the last Thursday of each month.

All proceeds from the Dove Café go towards providing specialist care and support to patients and their families, both here in the Hospice and across Lanarkshire. So don't feel guilty about indulging in one of our famous scones!



Donation Form

Thank you for supporting St Andrew's Hospice. Your kind gifts help us to provide compassionate, expert care for patients and families.

- £23.56** would pay for one day of healthy nutritious meals for a patient.
- £68.76** would pay for a complementary therapy treatment for two patients.
- £164.08** would cover the cost of two bereaved loved ones having 4 counselling sessions each.
- £1,034** would pay for 24 hours of nursing care for a patient.

Your own preferred gift amount of

£

'Thank You Letter' Required? YES / NO

Your Information

The following information is required in order for us to record your donation. Please complete as fully as possible:

Title: (Mr, Mrs, Ms, Other)

First Name: Surname:

Address: Town:

Post Code:

Telephone No.:

Gift Aid

I confirm I authorise St Andrew's Hospice to treat all donations I have made for the four years prior to this / today / any future donations until I notify you otherwise as gift aid donations. I confirm I have paid or will pay an amount of UK income tax and/or capital gains tax for each tax year 6th April to 5th April that is at least equal to the amount of tax that all the charities or CASC that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and council tax do not qualify. I understand the charity will reclaim 25p on every £1 that I give.

Payment Details

I enclose a cheque made payable to St. Andrew's Hospice

Please Debit my: Visa Maestro Mastercard Delta

Card Number

Maestro only Issue No:

Valid from: Expiry Date:

Security Code: (last 3 digits on the back of your card)

Card Holders Signature:

Date:

Keeping in Touch

We really value your support and would like to stay in touch to keep you up to date on the work of St Andrews Hospice including our events and fundraising activity. We will never sell or share information with other charities or organisations for marketing purposes not related to St Andrews Hospice. Please select the ways we can keep in touch with you:

Post E-mail No Contact

Please return your completed form to us using the freepost envelope provided.

You can also donate online by visiting www.st-andrews-hospice.com



To mark St Andrew's Day, the amazing **pupils and staff of Holy Cross High School** in Hamilton held their first ever St Andrew's Day Ceilidh in the Alona Hotel. Everyone had a wonderful night filled with singing, dancing and plenty of fundraising. The pupils and staff raised a fantastic £2950 for St Andrew's Hospice, which brings their overall total raised for the Hospice to a whopping £86,733.98!

Andy Flynn, our Schools Co-ordinator said: "Holy Cross High School have been massive supporters of the Hospice over the years, doing incredible things such as; bringing a record number of pupils to climb Tinto Hill in 2022 and making Christmas decorations for our patients' rooms every year. The team that organised their Ceilidh have been working on it for months so it was brilliant to see it all come together and for everyone to have a wonderful evening. I'd like to thank Carla Fagan and everyone involved in the Holy Cross High School community for keeping the Hospice in your hearts and for making a huge difference in the lives of the people of Lanarkshire."



Thank you to the team at **Barratt Homes West** who kindly supplied all of the materials and carried out the construction work and to **Edmiston Brown** who very kindly donated the lighting for our new Serenity Garden, providing a quiet space for patients and families to sit, relax and enjoy.



The staff and customers of Gouldings raised an incredible £5523.74 for St Andrew's Hospice at the garden centre's Christmas Wonderland event in 2023!

The Gouldings team kindly donated the proceeds from sales of reindeer dust, Light Up a Life badges and knitted stockings (kindly donated by Margaret Gillespie) and carrier bags to the Hospice and customers generously donated via the Wonderland Wishing Well and contributed to a collection

during a stunning piano performance. George Goulding said: "We are proud to have supported the Hospice for many years, helping to raise vital funds for a charity close to our hearts who provide vital care for patients and their loved ones." Thank you so much to George and the team at Gouldings for your continued support and to all the customers for your generosity.

A Spectacular Success: Strictly St Andrew's Raises Over £78,000

In a whirlwind of sequins, glitter, grace and giving; our annual Strictly St Andrew's fundraiser took over the Doubletree by Hilton Glasgow Strathclyde on 24th and 25th February.

We can't thank our eight sensational contestants and their professional dance partners enough for giving their time and talents to support the Hospice. From the moment the music started, each pair lit up the dance floor with their energy and enthusiasm, captivating the audience with their performances.

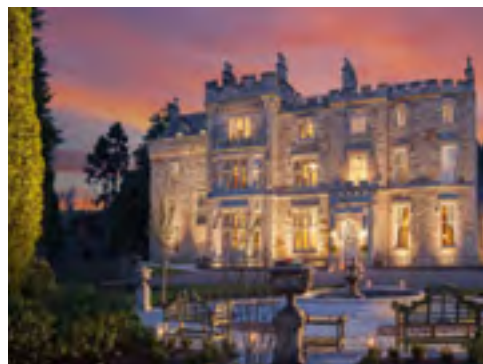
The months of hard work and practice they all put in was evident in every step, twirl and dip. They showcased not only their fantastic dancing abilities but also their unwavering



commitment to our cause. The atmosphere in the room was electric as friends, family and supporters cheered each pair, filling the venue with joy and excitement. We are thrilled to announce that the amount raised from this spectacular event has surpassed £78,000 and continues to climb.

Thank you once again to our amazing contestants and their professional dance partners for sharing your talent and passion with us and to everyone who came along to support them. Your dedication to St Andrew's Hospice is truly remarkable and we are immensely grateful for your support.

HOW YOU CAN GET INVOLVED...



10th May 2024

Summer Ball

Sponsored by Friends of St Andrew's

📍 Crossbasket Castle

An evening of outstanding food from the Michel Roux Jr. Restaurant, overseen by Michel Roux Jr and run by an award-winning executive head chef. After your meal, take to the dancefloor with your friends and loved ones to the sounds of the fantastic live band.



11th May 2024

It's a Knockout

Sponsored by Gartcosh Classic & Sports Car Club

📍 Strathclyde Country Park

It's a Knockout sees teams of 10 work together to complete a series of fun games and tasks. Participation in this event is excellent for companies looking for fun team building exercises or families & friends looking for a great day out. Enter online at www.st-andrews-hospice.com/events or by contacting Lorrett McCutcheon at lorrett.mccutcheon@standrews.scot.nhs.uk or on 01236 772011

Registration fee: **£100 per team to secure place.** Minimum sponsorship: **£1000 per team**

15th June 2024

Midnight Walk

Sponsored by:

- Clyde Windows & Conservatories
- Greg Biggam Accident Repair Centre
- Bandoni's General Stores
- J.W Morrison Haulage Contractors
- Catherine McFarlane

📍 Ravenscraig Regional Sports Facility
8, 10 and 13 mile walking options

The Midnight Walk starts and finishes at Ravenscraig Regional Sports Facility. Walk in memory of a friend or loved one, as a way of keeping fit or simply to do something a little different on a Saturday night. Sign up by contacting Angela McParland on 01236 772041 or online at www.st-andrews-hospice.com/events

Registration fee: **£20**

28th July 2024

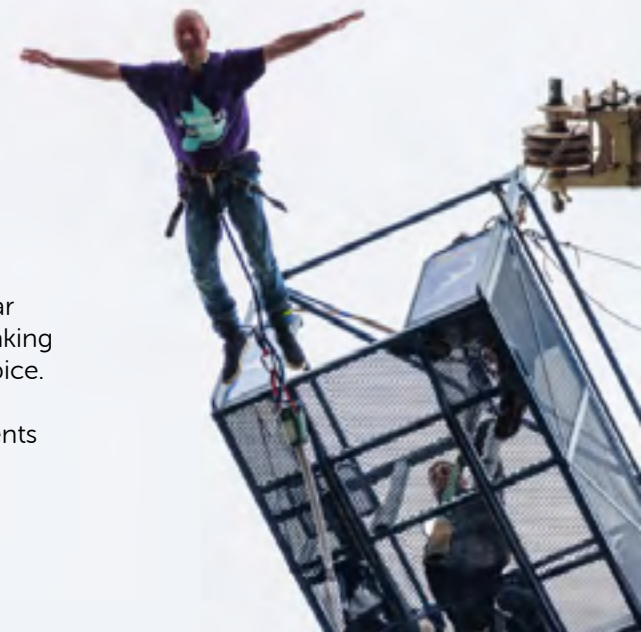
Bungee Jump

📍 St Andrew's Hospice grounds

You will be lifted 160ft above our car park in a specialised crane before taking one giant leap for St Andrew's Hospice. Enter online at www.st-andrews-hospice.com/events

Registration fee: **£30**

Minimum Sponsorship: **£200**



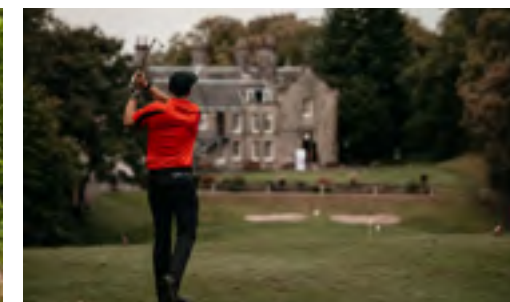
31st August 2024

Ben Nevis Challenge

Trek the UK's highest mountain with local guides. Includes return travel to Fort William by bus from Lanarkshire and dinner, bed & breakfast, returning to Lanarkshire on Sunday 1st September. Enter online at www.st-andrews-hospice.com/events or contact Richard.Trott@standrews.scot.nhs.uk on 01236 772042.

Registration Fee: **£25**

Minimum sponsorship of **£400** required.



6th September 2024

Easter Moffat Golf Day

Sponsored by Easter Moffat Golf Club

Enter your team today by e-mailing tommy.anderson@standrews.scot.nhs.uk or by calling 01236 766951.

Team of 4 costs £300, Breakfast rolls provided on arrival with an after match meal, entertainment and auction.

Entry fee: **£300 for a team of 4**



8th November 2024

Ladies' Party Night

📍 Dalziel Park Hotel & Golf Club

Enjoy a 3 course meal, followed by live entertainment.

To book, please contact Angela McParland at angela.mcparland@standrews.scot.nhs.uk or call 01236 772041.



30th November 2024

Grand Snowflake Ball

Sponsored by Friends of St Andrew's

📍 Doubletree by Hilton Glasgow Central

This gala dinner is the highlight of our events calendar. To book your table, please email Louise.O'Donnell@standrews.scot.nhs.uk or call 01236 772012.

Tables of 10: **£950**

By taking part in our events, you are helping local people when they need it most. **Scan here to find out more.**



SCAN ME FOR MORE EVENTS

St Andrew's Hospice



Could you be our new volunteer?



We are looking to recruit volunteers for various roles in our warehouse and shops across North & South Lanarkshire

- Cashier
- Sales Assistant
- Stock Sorter
- Driver
- Van Buddy
- Merchandiser

Shop Locations

- Airdrie** 89 South Bridge Street, ML6 6JH, 01236 758729
- Bellshill** 28 Hamilton Rd, ML4 1AQ, 01698 740877
- Blantyre** 243 Glasgow Rd, G72 0YS, 01698 211131
- Coatbridge** 20 Main Street, ML5 3AE, 01236 428480
- East Kilbride** 7 Stuart St, G74 4NG, 01355 529884
- Hamilton** 119 Quarry St, ML3 7DR, 01698 421874
- Lanark** 97 High Street, ML11 7LN, 01555 663643
- Larkhall** 71 Union Street, ML9 1DZ, 01698 888833
- Motherwell** 25 Brandon Parade (S), ML1 1RB
- Strathaven** 54 Waterside St, ML10 6AW, 01357 528629
- Uddingston** 83 Main St, G71 7EP, 01357 528629
- Wishaw** 78 Main Street, ML27AB, 01698 360700



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